access TO HEALTHCARE NETWORK

Washoe County

accesstohealthcare.org/healthylife

View on map: https://www.google.com/maps/d/u/0/edit?mid=17q4qWWg5EqpfT_GBeMpMZqU-uZdKa0Oj&usp=sharing

Program/Business	Category	Additional Services	Description	Address	Phone	Website	Contact Person	Email
ACCEPT Transportation & Housing Assistance	Social Services		Medical Transportation Services are services directly provided via a gas voucher, bus pass, Lyft or Uber rides. Medical Transportation Services enable our clients to access health care services and HIV-related health and supportive services, thus allowing them to improve and/or maintain good health. If you need rides to and from healthcare appointments, please complete the survey below, and if you qualify for transportation services, someone from ACCEPT will contact you within 7 business days	100 Washington St, #250 Reno, NV 89503	775-786-5886	https://acceptonline.org/sign-up-with-accept/		
Access to Healthcare Network	Diabetes Self-Management Education and Support	Chronic Disease Self-Management Program, Blood Pressure Management, Diabetes Prevention Program, Medical Nutrition Therapy, & Social Services	AHN provides a full slate of health education services to help you prevent or manage chronic health conditions, such as diabetes, heart disease, kidney disease, and high blood pressure. In addition AHN offers Medicaid application assistance, SNAP, Medicare Support & Information.	4001 S. Virginia St, Ste F, Reno, NV 89502	Blood Pressure Management 775-284-8989, Health Education Services 775-284-1898	https://www.accesstohealthcare.org/services-for-organizations/care-coordination-care-management-services/chronic-care-management-services/; https://www.accesstohealthcare.org/health-education/		info@accesstohealthcare.org
Black Wall Street	Food Assistance		Food Bank - Tues, Thurs, Sat: 8:30am-3pm Lunch: 12-1pm. May visit weekly. Seniors skip the line.	1301 Cordone Ave Suite LL40 Reno, NV 89502	775-622-3612	https://blackwallstreetreno.org/		
CARE Chest of Sierra Nevada	Social Services		Medical Equipment and Supplies, prescription assisstance	7910 N. Virginia St, Reno, NV 89506	775-829-2273	www.carechest.org		sr_info@washoecounty.gov
Catholic Charities of Northern Nevada	Food Assistance		Dining room serves a free hot cafeteria-style lunch meal, Mon-Sat 11:30am-1pm.	325 Valley Rd. Reno, NV 89512	775-329-5363	https://ccsnn.org/pages/dining-room		
Catholic Charities of Northern Nevada: Moana Neighborhood Center	Food Assistance	Social Services	Client choice food pantry, case management, immigration assistance, homelessness prevention and intervention, benefit enrollment.	480 E Moana Lane, Reno, NV 89502	775-786-5266	https://ccsnn.org/pages/food-pantry		
Catholic Charities of Northern Nevada - St. Vincent's Food Pantry and Resource Hub	Food Assistance	Social Services	**Hours:** Monday - Friday: 9AM-12PM, 1PM-3PM, **Food Pantry :** Monthly food box including fruits and vegetables. First time visitors should arrive before 2:30 PM. **Essentials Closet:** Provides essentials, like hygeine items, coats, blankets, and apartment starter kits **SNAP Enrollment**	435 Eureka Ave, Reno, NV 89512	775-786-5266 775-322-7073 ext.330	https://ccsnn.org/pages/food-pantry		
Catholic Charities of Northern Nevada: Sun Valley Neighborhood Center	Food Assistance	Social Services	Client choice food pantry, case management, immigration assistance, homelessness prevention and intervention, benefit enrollment.	130 West Gepford Parkway, Sun Valley, NV 89433	775-786-5266	https://ccsnn.org/pages/food-pantry		
Cold Springs Family Center	Food Assistance		Distribution of food and various household items every Friday from 10AM-12PM. Primarily for seniors, but will not turn away anyone in need. Please use handicap ramp entrance on the west side of the building. Senior Food Box - 4th Monday of the month from 10:15-10:45AM - Nevada Proof of Residence required. Must be 60 years or older	18400 Village Pkwy, Reno, NV 89508	775-657-6388	https://coldspringsfamilycenter.com/		

Cold Springs Senior Center	Senior Center	Food Assistance	Senior Meals - Lunch served Monday-Friday 10AM-2:00PM. Reservations are required prior to 8:30 same day.	3355 White Lake Pkwy, Cold Springs, NV 89508	775-971-8542 For meal reservations call 775-328-2786	https://www.washoecounty.gov/seniorsrv/files/2026%20Resource%20Guide.pdf https://www.washoecounty.gov/seniorsrv/programs_and_services/nutrition/congregate.php		
Community Services Agency (CSA) - Head Start Center	Food Assistance	Medical Nutrition Therapy	Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals. Hours: Tues-Thurs: 7:45am-4:45pm Fri: 8am-12pm Closed daily from 12pm-1pm for lunch	1100 East 8th St, Reno, NV 89512	775-870-4343	https://www.chanevada.org/locations/community-services-agency-head-start-center		
Community Health Alliance - Neighborhood Health Clinic	Food Assistance	Medical Nutrition Therapy	WIC Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals. Hours: Monday-Thursday: 7:30AM-5pm Friday: 8am-12pm Closed daily 12-1pm Prescription Food Pantry	3915 Neil Rd, NV 89502	775-870-4343	https://www.chanevada.org/locations/nell-j-redfield-health-center-neil-road		
Community Health Alliance-Sparks	Medication Therapy Management	Food Assistance, Social Services	Medication Therapy Management WIC Program Prescription Food Pantry	2244 Oddie Blvd, Sparks,NV 89431	775-329-6300	https://www.chanevada.org/		
Community Health Alliance - Sun Valley	Food Assistance	Medical Nutrition Therapy	Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals.	5055 Sun Valley Blvd, Ste 100, Sun Valley, NV 89433	775-870-4343	https://www.chanevada.org/programs/women-infants-and-children-wic		
HUCS Early Learning Center Vassar	Food Assistance	Medical Nutrition Therapy	WIC - Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals. Hours: Tues-Thurs: 7:45am-4:45pm Fri: 8am-12pm Closed daily from 12pm-1pm for lunch	2405 Vassar St, Reno, NV 89502	775-870-4343	https://www.chanevada.org/locations/hucs-early-learning-center-vassar		
Community Health Alliance-Wells	Medication Therapy Management		Medication Therapy Management	1055 S Wells Ave, Reno, NV 89502	775-329-6300	https://www.chanevada.org/		
Gerlach Senior Center	Food Assistance	Senior Center	Works with FBNN Mobile Harvest, FBNN commodities and senior Box program. Food pantry available weekdays from 11am-1pm. May need to complete brief intake form at the site on first visit. Offers home cooked meals every day. Call site for lunch details. Everyone is invited. Seniors 60+: $2 donation requested, $4 per meal for individuals under 60.	385 E. Sunset Blvd, Gerlach NV 89412	775-557-2206	https://visitgerlach.com/gerlach-senior-center/ https://www.washoecounty.gov/seniorsrv/programs_and_services/nutrition/congregate.php		
Lazy 5 Spanish Springs	Senior Center	Food Assistance	Congregate Meals served Monday-Friday. Call before 8:30 am to reserve a hot lunch or salad entrée.	7100 Pyramid Way, Sparks, NV 89436	775-328-2786	https://www.washoecounty.gov/seniorsrv/files/2026%20Resource%20Guide.pdf https://www.washoecounty.gov/seniorsrv/programs_and_services/nutrition/congregate.php		

Nevada Diabetes Association (NDA)	Diabetes Self-Management Education and Support		Nevada Diabetes Association has programs and service for anyone affected by diabetes in our community. The goal is to to improve the lives of people with diabetes through prevention, education and service. We offer camps, diabetes support programs, seminars, workshops, printed materials, electronic resources, emergency diabetes medical assistance and advocacy.	115 Casazza Dr, Reno, NV 89502	775-856-3839	https://diabetesnv.org/		
Nevada DWSS - Reno District Office	Food Assistance		Apply for SNAP Food Assistance Benefits here. Call for eligiblity requirements.	4055 South Virginia Street, Reno, NV 89502	775-684-7200	https://www.dss.nv.gov/contact/welfare-district-offices-north/		
Nevada DWSS - Sparks District Office & Wellness on Wheels	Food Assistance	Medical Nutrition Therapy	Apply for SNAP and WIC Food Assistance Benefits here. Call for eligiblity requirements. Wellness on Wheels from 8am-5pm on Mondays and Tuesdays Delivers pediatric healthcare services including WIC, dental, and immunizations. WIC: Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals.	630 Greenbrae Dr, Sparks, NV 89431	775-824-7400 WIC 775-870-7373	https://www.dss.nv.gov/contact/welfare-district-offices-north/ https://www.chanevada.org/mobile-health/wellness-on-wheels		
New Life Assembly of God	Food Assistance		Food Bank - 2nd & 4th Saturday: 10am-4pm. May visit each time the pantry is open.	11000 Lemmon Drive, Reno, NV 89506	775-972-1088	https://fbnn.org/gethelp/foodfinder/		wellness.sca@gmail.com
New Revival Church	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Saturday of each month from 10 AM to 12pm.	205 W Gepford Way, Sun Valley, NV 89433		https://fbnn.org/gethelp/foodfinder/		
Northern Nevada HOPES	Social Services	Medical Nutrition Therapy	Nutrition education, case management, counseling, food bank and social services. Offers free or low-cost care.	580 W 5th St, Reno, NV 89503	775-786-4673	https://www.nnhopes.org/		
Northern Nevada MAP	Food Assistance		**Hours:** Mondays 12PM-4PM, Wednesdays 9AM-1PM **Location Notes:** Pantry is located on the backside of the Laborers Local 169 union hall	570 Reactor Way, Reno, NV 89502		https://www.nnvmap.org/food-pantry	Carlos Garcia	info@nnvmap.org
Northern Nevada Public Health WIC Clinic	Food Assistance		Eligibility determined based upon income, age, and pregnancy status. Provides nutritious foods, nutrition education, breastfeeding support and referrals.	1001 E Ninth St, Building B, Reno, NV 89512	775-328-2299	https://www.nnph.org/programs-and-services/cchs/WIC/index.php		
Nutrition Connection	Medical Nutrition Therapy		Work one-on-one with a registered dietitian to improve eating and lifestyle habits for management of chronic conditions or to meet other personal goals. - May be covered by insurance	3732 Lakeside Dr, Suite 200, Reno, NV 89509	775-360-6500	www.nutritionconnectionnv.com	Karen Fisher, MS, RD	wellness.sca@gmail.com
Our Lady of the Snows	Food Assistance		Food Distribution with the help of Chatolic Charities of Northern Nevada. Open to the community on the 1st and 3rd Tuesday of each month from 2:30-4:30pm.	1138 Wright St Reno, NV 89509	775-323-6894	https://catholicreno.org/events/ols-food-distribution-day		
Pyramid Lake Paiute Tribe	Food Assistance		Food Pantry available to all Commodities available to those lving within the boundaries of the reservation or Fernley - Income restricted Call or text to make an appointment for services or if you have any questions	11 Brady St, Wadsworth, NV 89442	Main Phone: 775-217-7344 Secondary Line: 775-575-3629	https://plpt.nsn.us/food-distribution/		
Reno Sparks Seventh Day Adventist Church	Food Assistance		Food Bank - Open to the community on every other Sunday from 9AM to 11 AM. Call for more information.	1555 Wedekind Rd, Reno, NV 89502	775-378-9472	https://fbnn.org/gethelp/foodfinder/		

Reno-Sparks Indian Colony	Medical Nutrition Therapy	Diabetes Prevention Program, Food Assistance	Medical Nutrition Therapy. Available to American Indians and/or Alaskan Natives who are enrolled members or descendants of a federally recognized tribe. Food distribution on Thursdays from 12-3PM	1715 Kuenzil St, Reno, NV 89502	775-329-5162 x 1943	www.rsic.org/rsic-services/reno-sparks-tribal-health-center/health-services-divisions/	Kristie Messerlie, RD	
Reno-Sparks Indian Colony - Senior Program	Senior Center	Food Assistance, Social Services	Senior Center with weeday meal service, homebound lunch delivery, transportation, food pantry delivery, benefit assistance, and wellness services	34 Reservation Road, Reno, NV 89502	775-329-9929	https://www.rsic.org/200/Senior-Program		
Renown Health Food Pantry	Food Assistance		Food Bank - view food pantry list, mobile harvest schedule, and additional information for food resources on the Food Bank of Northern Nevada website. Open on Thursdays from 11AM-3PM - confirm with food pantry schedule or call before visiting.	1095 E 2nd St, Reno, NV	775-982-7447	https://fbnn.org/gethelp/foodfinder/		sr_info@washoecounty.gov
Renown Health Healthy Heart Cardiac Rehab	Chronic Disease Self-Management Program		A program focused on improving exercise, healthy eating, and a healthy mindset for people that have experienced a cardiac event. Cardiac events include a heart attack, angioplasty, bypass surgery, stent procedure, chest pain, cardiac transplant, and/or valve surgery; Requires a referral from provider	10085 Double R Blvd, Ste 225, Reno, NV 89521	775-982-4035	https://www.renown.org/explore/institute-for-heart-and-vascular-health/treatment-recovery/cardiac-rehabilitation/	Lynice Anderson	
Renown Institute for Heart & Vascular Health - Mill	Medication Therapy Management		Medication Therapy Management	1155 Mill St, Reno,NV 89502	775-982-2400	https://www.renown.org/locations/renown-institute-for-heart-and-vascular-health-mill?utm_source=GMBlisting&utm_medium=organic&utm_campaign=gmb		
University of Nevada Reno: Sanford Center for Aging	Diabetes Self-Management Education and Support	Medication Therapy Management, Social Services, Chronic Disease Self-Management Program, Diabetes Prevention Program	Sanford Center for Aging enhances the quality of life and well-being among elders through education, and community outreach. We bring this mission to life through a variety of programs, services, educational coursework, and clinical services, all designed to improve the quality of life for elders.	1664 N. Virginia Street, Reno, NV 89557	775-235-8862, 775-784-4774	https://med.unr.edu/sanford-center		sanford@unr.edu
Sparks Christian Fellowship	Food Assistance		Food Bank - Wednesday open to the public 10am-12pm and from 9am-10am open to seniors only. May visit weekly.	510 Greenbrae, Sparks, NV 89431	775-331-2303	https://fbnn.org/gethelp/foodfinder/		
Sparks Senior Center	Senior Center		Blood Pressure Clinic, stretch and tone exercise	97 Richards Way, Sparks, NV 89431	775-353-3110	www.washoecounty.us/seniorsrv		
Sparks United Methodist Church	Food Assistance		Food Bank - Open to the community on Tuesday from 12:30pm-3pm (following this schedule from 10/1-5/31, and switches to Tuesday 10:30am-12:30pm from 6/1-9/31). May visit weekly. Call for more information.	1231 Pyramid Way, Sparks, NV 89431	775-358-0925	https://fbnn.org/gethelp/foodfinder/		
St Mary's Chronic Care Management	Chronic Care Management Program	Chronic Disease Self-Management Program	A program designed to educate and support individuals at risk for or currently managing medical conditions. Cardiac rehab is also available for people recovering from a heart attack or open heart surgery, have received a coronary stent d/t a build up of plaque, or have been diagnosed with heart failure. Physician's referral needed. Call for more information. Located in the St Mary's Center for Health Building.	645 N. Arlington Ave. Ste 500, Reno, NV 89503	775-770-7874, 775-770-3112	https://saintmarysreno.com/chronic-care-management/	Cassie Goodman	CGoodman2@primehealthcare.com
St. Francis of Assisi Food Pantry	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	160 Hubbard Way, Suite F, Reno, NV 89502	775-507-4555	https://fbnn.org/gethelp/foodfinder/		email@fbnn.org
St. Michael Catholic Church	Food Assistance		Food Bank - Open to the community on Thursday from 4:30pm-6pm. Call for more information	10475 Mt. Vida St, Reno, NV 89506	775-771-9185	https://fbnn.org/gethelp/foodfinder/		

Sun Valley Community Center	Senior Center		Blood Pressure Checks; Monthly, 4th Friday from 10 AM - Noon. Offers recreation and meals. Congregate meal program offers one hot meal or fresh salad per day to seniors 60+ & qualified individuals. Meals must be reserved by 8:30am by calling 775-328-2786, Mon-Fri.	115 W 6th Ave, Sun Valley, NV 89433	775-673-9417, 775-328-2786	https://www.washoecounty.gov/CABS/SV_CAB/2022/files/Sun-Valley-Resources-Guide-2022.pdf		
The Bridge Church	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 am to 10 am. First Thursday of each month from 5pm-7pm. Call for more information.	1330 Foster Drive, Reno,NV 89509	775-323-7141	https://fbnn.org/gethelp/foodfinder/		
The Community Food Pantry (St Paul's)	Food Assistance		Food Bank - Food pick up times are Wednesdays: 10 AM-12 PM, Saturdays:9 AM-11 AM. Photo ID is required. May visit once every 30 days. This site is a drive-through disctribution. Located behind the Sparks Library.	1135 12th St, Sparks, NV 89431	775-742-4856	https://www.thecommunityfoodpantryrenosparks.com/		
The Salvation Army	Social Services		Food Pantry, clothing vouchers, furniture voucher, emergency services for diapers/formula, vision program, dental program, prescription program, utility assistance, rental assistance, and shelter assistance. Review website for requirements and hours of operation.	1931 Sutro Street, Reno, NV 89512	775-688-4555 option 2	https://reno.salvationarmy.org/reno/social-services		
University Family Fellowship	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Saturday of each month at 9:30am. Call for more information	1125 Stanford Way, Sparks, NV 89431	775-359-2222	https://fbnn.org/gethelp/foodfinder/		
Voice in the Wilderness	Food Assistance		Food Bank - Open to the community on Thursday 89AM to 11 AM. Call for more information.	513 E 2nd Street, Reno, NV 89502	775-412-3709	https://fbnn.org/gethelp/foodfinder/		
Washoe County Senior Center	Senior Center	Food Assistance, Social Services	Blood Pressure Clinic, Bean Bag Baseball, Clogging, Line Dancing, Streth & Tone Exercise, Senior Dance Club	1155 E 9th St, Reno, NV 89512	775-328-2575	www.washoecounty.us/seniorsrv		
Washoe County Social Services	Social Services		Social services for youth and adults. Youth services include child protection, foster care, child care & early childhood services, adoption, independent living, clinical services; Adult services include connections to resources for indigent and/or medically needy or at-risk individuals who are eligible, case management services for individuals in nursing homes and group care settings, coordination and payment for burial and cremation services, and transitional housing; Senior services include direct and indirect services like senior centers, Meals on Wheels, legal services, case management, outreach, and an adult day health program.	350 S Center Street, Reno NV 89501	Children's Services: 775-785-8600 Adult Services: 775-328-2700 Senior Services: 775-328-2575	https://www.washoecounty.gov/hsa/		
Westbrook Community Center	Senior Center	Food Assistance.	Congregate Meals served Monday-Friday. Call before 8:30 am to reserve a hot lunch or salad entrée.	315 Westbrook Ln, Reno, NV 89506	775-328-2786	https://www.washoecounty.gov/seniorsrv/files/2026%20Resource%20Guide.pdf		