Carson City

accesstohealthcare.org/healthylife

View on map: https://www.google.com/maps/d/u/0/edit?mid=17q4qWWg5EqpfT_GBeMpMZqU-uZdKa0Oj&usp=sharing

Program/Business	Category	Additional Services	Description	Address	Phone	Website	Contact Person	Email
Carson City Health and Human Services WIC	Food Assistance	Medical Nutrition Therapy	WIC, nutrition education, breastfeeding support, referrals available for eligible pregnant and post partum women, infants, and children.	900 E. Long Street, Carson City, NV 89706	775-887-2190	https://www.gethealthycarsoncity.org/divisions/human-services/women-infants-and-children-wic		
Carson Tahoe Eagle Medical Center	Medical Nutrition Therapy		Medical nutrition therapy (MNT) is defined as the management of medical conditions through nutritional intervention.	2874 N Carson St, Carson City, NV 89703	775-445-5500	https://www.carsontahoe.com/nutrition.html		diabetes.nutrition@carsontahoe.org
CARE Chest of Sierra Nevada - Aging & Disability Services Division	Social Services		Free medical equipment and supplies, medical nutrition, prescription assisstance, diabetic testing supplies, independent living services & care loans.	1550 East College Parkway, Carson City, NV 89706	775-829-2273	https://www.carechest.org/		
CARE Chest of Sierra Nevada - Carson City Senior Center	Social Services		Free medical equipment and supplies, medical nutrition, prescription assisstance, diabetic testing supplies, independent living services & care loans. Call to find out if you qualify for assistance or fill out an application online.	3416 Goni Rd. #132, Carson City, NV 89706	775-829-2273	https://www.carechest.org/		
Nevada Tobacco Quitline	Social Services		Smoking cessation support	Carson City, NV	1-800-784-8663	https://nevada.quitlogix.org/en-US/		
Carson City Senior Center	Senior Center	Food Assistance, Social services	Lunch, Meals on Wheels; Yoga, dance, cards, resistance exercise, etc; prescription assistance, social work program Monthly class schedule and dining menu available on website.	911 Beverly Dr, Carson City, NV 89706	775-883-0703	https://www.carsoncityseniorcenter.org/		
Carson City SDA Church Pantry	Food Assistance		Food Pantry available - Wednesday 4pm-6:30pm, Sunday 10am-2pm. May visit once per week. Patry is located at the back of property, behind the fenced-in play area. Follow the separate driveway to the 2nd building.	405 College Pkwy, Carson City, NV 89706 (Go to the back of the school).	775-882-3541	https://carsoncitynv.adventistchurch.org/ministries/pantry		godspantry777@gmail.com
Carson Tahoe Health	Diabetes Self-Management Education and Support	Diabetes Prevention Program, Blood Pressure Self-Mangement	Offers Diabetes Education and Support. DEAP Accredited. National Diabetes Prevention Program. CDC recognized. Blood Pressure classes also available.	1600 Medical Parkway, Carson City 89702	775-445-8607	https://www.carsontahoe.com/nutrition.html		diabetes.nutrition@carsontahoe.org

Carson Tahoe Health Cardiac Rehabilitation	Chronic Disease Self-Management Program		A three-month course of educational opportunities, monitored exercises and support after a cardiac event. By attending the classes and exercise sessions, you will learn how to take control of your health and get back to the quality of life you've been craving.	1470 Medical Parkway, Suite 140, Carson City, NV 89703	775-445-7310	https://www.carsontahoe.com/cardiac-rehab.html		
Northern Nevada Dream Center	Food Assistance		Drive-up food pantry open the first and third Friday of every month from 1-3pm. In some cases, delivery options are also available to those who are home bound or without transportation. Clothing closet also open on the same days from 12-2pm.	3579 Highway 50 East #211, Carson City, NV 89701	775-443-4090	https://nndreamcenter.org/foodpantry/	Susan Sorenson, Director	info@nndreamcenter.org
FISH (Friends In Service Helping)	Food Assistance		Monday-Friday 9am-12pm and 1pm-5pm. Prepared Meal: Mon-Sun: 3-5pm.	138 E. Long St. Carson City, NV 89706	775-882-3474	https://www.nvfish.com/		
Nevada Urban Indians - Diabetes Program	Diabetes Self-Management Education and Support	Medical Nutrition Thereapy	Health & nutrition education, nutritional counseling with a RD, cooking classes, disease management and diabetes self-management group classes.	896 W. Nye Lane #203, Carson City, NV 89706	775-788-7600	https://www.nevadaurbanindians.org/contact-2		
Nevada Department of Health and Human Services - Division of Welfare Supportive Services	Food Assistance		The Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamps) helps low-income people and families buy the food they need for good health. Office hours 7am-5pm.	2533 N. Carson St.#200, Carson City, NV 89706	775-684-0800	https://dwss.nv.gov/SNAP/Food/		
Ron Wood Family Resources Center	Food Assistance	Social Services	Food Pantry available - Monday through Friday:10am-2pm. Closed on holidays WIC food and nutrition education assistance available for pregnant and postpartum women, infants, and children. Case management, family resources	2621 Northgate Ln #62, Carson City, NV 89706	775-884-2269	https://carson-family.org/food-bank/		
The Salvation Army - Carson City	Food Assistance		Emergency Drive-Thru Food Box: Mondays: 12:30-2pm Distribution schedule: Mon:1-3pm, Tues & Thurs: 10am-12pm and 1pm-2:30pm. May visit once per week.	911 E 2nd St. Carson City, NV 89701	775-887-9120	https://carsoncity.salvationarmy.org/		