



Washoe County

[accessohealthcare.org/healthylife](https://www.accessohealthcare.org/healthylife)

View on map: https://www.google.com/maps/d/u/0/edit?mid=17q4qWWg5EqpFT_GBeMpMZqU-uZdKa00j&usp=sharing

Program/Business	Category	Additional Services	Description	Address	Phone	Website	Contact Person	Email
ACCEPT Transportation & Housing Assistance	Social Services		Medical Transportation Services are services directly provided via a gas voucher, bus pass, Lyft or Uber rides. Medical Transportation Services enable our clients to access health care services and HIV-related health and supportive services, thus allowing them to improve and/or maintain good health. If you need rides to and from healthcare appointments, please complete the survey below, and if you qualify for transportation services, someone from ACCEPT will contact you within 7 business days	100 Washington St, #250 Reno, NV 89503	(775) 786-5886	https://acceptonline.org/signup-with-accept/		
Access to Healthcare Network	Diabetes Self-Management Education and Support	Chronic Disease Self-Management Program, Blood Pressure Management, Diabetes Prevention Program, Medical Nutrition Therapy, & Social Services	AHN provides a full slate of health education services to help you prevent or manage chronic health conditions, such as diabetes, heart disease, kidney disease, and high blood pressure. In addition AHN offers Medicaid application assistance, SNAP, Medicare Support & Information.	4001 S. Virginia St, Ste F, Reno, NV 89502	Blood Pressure Management 775-284-8989, Health Education Services 775-284-1898	https://www.accessohealthcare.org/services-for-organizations/care-coordination-care-management-services/chronic-care-management-services/ https://www.accessohealthcare.org/health-education/		info@accessohealthcare.org
Black Wall Street	Food Assistance		Food Bank - Tues, Thurs, Sat: 8:30am-3pm Lunch: 12-1pm. May visit weekly. Seniors skip the line.	1301 Cordone Ave Suite LL40 Reno, NV 89502	775-622-3612	https://blackwallstreetreno.org/		
Calvary Chapel NW Reno	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	220 Edison Way, Reno, NV 89502	775-856-1110	https://fbnn.org/gethelp/foodfinder/		
CARE Chest of Sierra Nevada	Social Services		Medical Equipment and Supplies, prescription assistance	7910 N. Virginia St, Reno, NV 89506	775-829-2273	www.carechest.org		sr_info@washoeccounty.gov
Catholic Charities of Northern Nevada	Food Assistance		Dinning room serves a free hot cafeteria-style lunch/meal, Mon-Sat 11:30am-1pm.	325 Valley Rd. Reno, NV 89512	(775)329-5363	https://ccsnn.org/pages/dining-room		
Cold Springs Senior Center	Senior Center		Blood Pressure Clinic; Monthly, 3rd Monday from 11:00 AM - 1:00 PM	3355 White Lake Pkwy, Cold Springs, NV 89508	775-971-8542	www.washoeccounty.us/seniorsrv		
Community Health Alliance-Sparks	Medication Therapy Management		Medication Therapy Management	2244 Oddie Blvd, Sparks, NV 89431	775-329-6300	https://www.chanevada.org/		karen@nutritionconnectionnv.com

Community Health Alliance-Wells	Medication Therapy Management		Medication Therapy Management	1055 S Wells Ave, Reno, NV 89502	775-329-6300	https://www.chanevada.org/		
Food Bank of Northern Nevada	Food Assistance		View food pantry list, mobile harvest schedule, and additional information for food resources on the Food Bank of Northern Nevada website. Food is not available at this location.	550 Italy Dr, Sparks, NV 89437	Nutrition 775-331-3663, Food Assistance 775-331-3663 ext 183	https://fbnn.org/about-us/programs-services/nutrition-education/		https://fbnn.org/about-us/programs-services/nutrition/
Gerlach Senior Center	Food Assistance		Works with FBNN Mobile Harvest, FBNN commodities and senior Box program. Food pantry available weekdays from 11am-1pm. May need to complete brief intake form at the site on first visit. Offers home cooked meals every day. Meals served daily at 12pm. Everyone is invited. Seniors 60+: \$2 donation requested.	385 E. Sunset Blvd, Gerlach NV 89412	775-557-2206	https://visitgerlach.com/gerlach-senior-center/		
Nevada Diabetes Association (NDA)	Diabetes Self-Management Education and Support		Nevada Diabetes Association has programs and service for anyone affected by diabetes in our community. The goal is to improve the lives of people with diabetes through prevention, education and service. We offer camps, diabetes support programs, seminars, workshops, printed materials, electronic resources, emergency diabetes medical assistance and advocacy.	115 Casazza Dr, Reno, NV 89502	775-856-3839	https://diabetesnv.org/		
New Life Assembly of God	Food Assistance		Food Bank - 2nd & 4th Saturday: 10am-4pm. May visit each time the pantry is open.	11000 Lemmon Drive, Reno, NV 89506	775-972-1088	https://fbnn.org/gethelp/foodfinder/		wellness.sca@gmail.com
New Revival Church	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Saturday of each month from 10 AM to 12pm.	205 W Gepford Pkwy, Sun Valley, NV 89433		https://fbnn.org/gethelp/foodfinder/		
Northern Nevada HOPES	Social Services	Medical Nutrition Therapy	Nutrition education, case management, counseling, food bank and social services. Offers free or low-cost care.	580 W 5th St, Reno, NV 89503	775-786-4673	https://www.nnhopes.org/		
Nutrition Connection	Medical Nutrition Therapy		Work one-on-one with a registered dietitian to improve eating and lifestyle habits for management of chronic conditions or to meet other personal goals. - May be covered by insurance	3732 Lakeside Dr, Suite 200, Reno, NV 89509	775-360-6500	www.nutritionconnectionnv.com	Karen Fisher, MS, RD	wellness.sca@gmail.com
Our Lady of the Snows	Food Assistance		Food Distribution - Open to the community on the 1st and 3rd Tuesday of each month from 2-4pm.	1138 Wright St Reno, NV 89509	775-323-6894	https://www.highdesertcatholic.org/venue/our-lady-of-the-snows-parish-center/		
Pyramid Lake Paiute Tribe - Nixon Gym	Food Assistance		Works with FBNN Mobile Harvest, FBNN	204 Capitol Hill, N	775-574-1047	https://food-banks.org/detail/pyramid_lake_paiute_tribe_food_pantry_hill_nixon_nv.html		
Reno Sparks Seventh Day Adventist Church	Food Assistance		Food Bank - Open to the community on every other Sunday from 9AM to 11 AM. Call for more information.	1555 Wedekind Rd, Reno, NV 89502	775-378-9472	https://fbnn.org/gethelp/foodfinder/		

Reno-Sparks Indian Colony	Medical Nutrition Therapy		Medical Nutrition Therapy. Available to American Indians and/or Alaskan Natives who are enrolled members or descendants of a federally recognized tribe.	1715 Kuenzil St, Reno, NV 89502	775-329-5162 x 1943	www.rsic.org/rsic-services/reno-sparks-tribal-health-center/health-services-divisions/	Kristie Messerlie, RD	
Renown	Food Assistance		Food Bank - view food pantry list, mobile harvest schedule, and additional information for food resources on the Food Bank of Northern Nevada website.	1095 E 2nd St, Reno, NV		https://fbnn.org/gethelp/foodfinder/		sr_info@washoeccounty.gov
Renown Health Healthy Heart Cardiac Rehab	Chronic Disease Self-Management Program		A program focused on improving exercise, healthy eating, and a healthy mindset for people that have experienced a cardiac event. Cardiac events include a heart attack, angioplasty, bypass surgery, stent procedure, chest pain, cardiac transplant, and/or valve surgery; Requires a referral from provider	10085 Double R Blvd, Ste 225, Reno, NV 89521	775-982-4035	https://www.renown.org/explore/institute-for-heart-and-vascular-health/treatment-recovery/cardiac-rehabilitation/	Lynice Anderson	
Renown Institute for Heart & Vascular Health - Mill	Medication Therapy Management		Medication Therapy Management	1155 Mill St, Reno, NV 89502	775-982-2400	https://www.renown.org/locations/renown-institute-for-heart-and-vascular-health-mill?utm_source=GMBListing&utm_medium=organic&utm_campaign=qmb		
University of Nevada Reno: Sanford Center for Aging	Diabetes Self-Management Education and Support	Medication Therapy Management, Social Services, Chronic Disease Self-Management Program, Diabetes Prevention Program	Sanford Center for Aging enhances the quality of life and well-being among elders through education, and community outreach. We bring this mission to life through a variety of programs, services, educational coursework, and clinical services, all designed to improve the quality of life for elders.	1664 N. Virginia Street, Reno, NV 89557	(775) 235-8862, (775)784-4774	https://med.unr.edu/sanford-center		sanford@unr.edu
Sparks Christian Fellowship	Food Assistance		Food Bank - Wednesday open to the public 10am-12pm and from 9am-10am open to seniors only. May visit weekly.	510 Greenbrae, Sparks, NV 89431	(775) 331-2303	https://fbnn.org/gethelp/foodfinder/		
Sparks Senior Center	Senior Center		Blood Pressure Clinic, stretch and tone exercise	97 Richards Way, Sparks, NV 89431	775-353-3110	www.washoecounty.us/seniorsrv		
Sparks Seventh Day Adventist Church	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	2990 Rock Blvd, Sparks, NV 89431	775-331-4332	https://fbnn.org/gethelp/foodfinder/		
Sparks United Methodist Church	Food Assistance		Food Bank - Open to the community on Tuesday from 12:30pm-3pm (following this schedule from 10/1-5/31, and switches to Tuesday 10:30am-12:30pm from 6/1-9/31). May visit weekly. Call for more information.	1231 Pyramid Way, Sparks, NV 89431	775-358-0925	https://fbnn.org/gethelp/foodfinder/		

St Mary's Chronic Care Management	Chronic Care Management Program	Chronic Disease Self-Management Program	A program designed to educate and support individuals at risk for or currently managing medical conditions. Cardiac rehab is also available for people recovering from a heart attack or open heart surgery, have received a coronary stent d/t a build up of plaque, or have been diagnosed with heart failure. Physician's referral needed. Call for more information. Located in the St Mary's Center for Health Building.	645 N. Arlington Ave. Ste 500, Reno, NV 89503	775-770-7874, 775-770-3112	https://saintmarysreno.com/chronic-care-management/	Cassie Goodman	CGoodman2@primehealthcare.com
St. Francis of Assisi Food Pantry	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	160 Hubbard Way, Suite F, Reno, NV 89502	775-507-4555	https://fbnn.org/gethelp/foodfinder/		email@fbnn.org
St. Michael Catholic Church	Food Assistance		Food Bank - Open to the community on Thursday from 4:30pm-6pm. Call for more information	10475 Mt. Vida St, Reno, NV 89506	775-771-9185	https://fbnn.org/gethelp/foodfinder/		
St. Vincent's Food Pantry and Resource Hub	Food Assistance		Food Bank - Hours: Mon-Wed 8am-10am, View food pantry list, mobile harvest schedule, and additional info for food resources on the Food Bank of Northern Nevada website. One-on-one support-referrals to other services free of charge.	500 E 4th Street, Reno, NV 89512	(775) 786-5266 / (775)322-7073 ext.330	https://ccsnn.org/pages/food-pantry		
Sun Valley Community Center	Senior Center		Blood Pressure Checks; Monthly, 4th Friday from 10 AM - Noon. Offers recreation and meals. Congregate meal program offers one hot meal or fresh salad per day to seniors 60+ & qualified individuals. Meals must be reserved by 8:30am by calling 775-328-2786, Mon-Fri.	115 W 6th Ave, Sun Valley, NV 89433	775-673-9417, 775-328-2786	https://www.washoecounty.gov/CABS/SV_CAB/2022/files/Sun-Valley-Resources-Guide-2022.pdf		
The Bridge Church	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	1330 Foster Drive, Reno, NV 89509	775-323-7141	https://fbnn.org/gethelp/foodfinder/		
The Community Food Pantry (St Paul's)	Food Assistance		Food Bank - Food pick up times are Wednesdays: 10 AM-12 PM, Saturdays:9 AM-11 AM. Friday from 9AM-10AM to those 60+ only. Photo ID is required. May visit weekly. Located behind the Sparks Library.	1135 12th St, Sparks, NV 89431	775-742-4856	https://www.thecommunityfoodpantryrenosparks.com/		
The Salvation Army	Social Services		Food Pantry, clothing vouchers, furniture voucher, emergency services for diapers/formula, vision program, dental program, prescription program, utility assistance, rental assistance, and shelter assistance. Review website for requirements and hours of operation.	1931 Sutro Street, Reno, NV 89512	(775) 688-4555 option 2	https://reno.salvationarmy.org/reno/social-services		
University Family Fellowship	Food Assistance		Food Bank - Open to the community on the 1st and 3rd Thursday of each month from 8 AM to 10 AM. Call for more information	1125 Stanford Way, Sparks, NV 89431	775-359-2222	https://fbnn.org/gethelp/foodfinder/		

Voice in the Wilderness	Food Assistance		Food Bank - Open to the community on Thursday 89AM to 11 AM. Call for more information.	513 E 2nd Street, Reno, NV 89502	775-412-3709	https://fbnn.org/gethelp/foodfinder/		
Washoe County Senior Center	Senior Center		Blood Pressure Clinic, Bean Bag Baseball, Clogging, Line Dancing, Streth & Tone Exercise, Senior Dance Club	1155 E 9th St, Reno, NV 89512	775-382-2575	www.washoecounty.us/seniorsrv		
Washoe County Social Services	Social Services		Social services for youth, adults, and seniors. Youth services include child protection, foster care, child care & early childhood services, adoption, independent living, clinical services; Adult services include connections to resources for indigent and/or medically needy or at-risk individuals who are eligible, case management services for individuals in nursing homes and group care settings, coordination and payment for burial and cremation services, and transitional housing; Senior services include direct and indirect services like senior centers, Meals on Wheels, legal services, case management, outreach, and an adult day health program.	350 S Center Street, Reno NV 89501	(775) 328-2575	https://www.washoecounty.gov/hsa/		